



## Two types of ear points

---

In all my teaching seminars I emphasise on the evidence that the points found on the ear are not all the same. **We shall make the difference between two types of points:**

- 1) **Painful points, when confronted with pressure exercised on them.** Here, we deal with **reflex points that are connected with spino-thalamic bundle** via the reticular system of the brain stem. Consequently, in case of a painful stimulation in a foot area, the spino-thalamic bundle gets under pressure, which leads (because of a convergence effect) to the appearance of a painful point in the corresponding ear area. **So we can use the painful points to treat the periphery pain.**
- 2) **Points of lower electrical cutaneous resistance** discovered by Niboyet (first on the body and after on the ear). These points correspond to the well known **neurovascular complexes (NVC)** and were very thoroughly studied by Odile Auziech. Claudie Terral, from Montpellier, describes these points in a very impressive way in her new book recently published with „Sauramps Médical“ publishers: « Douleur et Acupuncture » (Pain and acupuncture). She shows that these neurovascular complexes present an electrical activity, resulting from the resistance decrease on the skin surface. The NVC, represent impressive histological entities and seem to be implicated in the organ thermoregulation. This means a resistance decrease in a point corresponding to a stomach, reveals a thermic anomaly in the stomach region. The temperature translates the activity and therefore the function. **Consequently the electrical measurement on ear points allows us the interpretation of the organ function.**

Auriculotherapy allows us on one hand the interpretation of the organ function using the measurement of the electrical resistance of the ear points and on the other hand gives us information on the anatomic integrity of the organism by the help of painful points.

Docteur Raphaël NOGIER  
Lyon, France